**Strength Data / Restructuring Exercise Dataset**

The “strength data” dataset provides strength measure data collected from 60 individuals at two time points. This dataset supports an exercise in restructuring a dataset from “vertical” to “horizontal.”

Restructure\_Strength\_vert.sav

The “vertical” file contains the following variables –

ID # identification number for an individual

Group Group assignment code

Time Time point when strength measure was taken

Strength Strength measure

Restructure\_Strength\_horiz.sav

The “horizontal” file contains the following variables –

ID # identification number for an individual

Group Group assignment code

Strength1 Strength measure at time 1

Strength2 Strength measure at time 2